

NC BREATHE 2025

Cultivating Resilience

Planetary & Community Health—Solutions for the Future

About the Conference

Celebrate a decade of environmental action with CleanAIRE NC at our landmark 10th anniversary NC BREATHE Conference! This dynamic two-day in-person event is dedicated to strengthening community health and environmental resilience across North Carolina. This year's theme explores the intersection of planetary and human health and community resilience. Planetary health highlights how human activities significantly impact our environment, which in turn affects our health and well-being. Building community resilience—the capacity to adapt and recover from environmental disruptions like natural disasters or climate change—is crucial for withstanding threats to planetary health and tackling global challenges like climate change.

Our Vision

CleanAIRE NC champions a unique, holistic approach to environmental and community health and well-being. Human health and natural systems are inextricably linked, demanding integrated solutions, cross-discipline collaboration, and policy action. Through NC BREATHE 2025, we will explore practical solutions to local, regional, and global challenges while fostering meaningful community engagement.

Conference Features

Keynote Presentations & Interactive Panel Discussions

Hear from nationally recognized experts in environmental justice, public health, healthcare, research, and community organizing. Our speakers will share evidence-informed insights, personal stories, and innovative strategies for building healthier, more resilient communities.

Student Research Forum

Empowering the next generation of environmental and health leaders, our dedicated student forum provides a platform for young voices to shape the future of environmental health. Students will share their research, perspectives, experiences, and innovative solutions for addressing today's environmental challenges.

Educational Sessions

Learn from leading experts and engage in peer discussions about critical topics such as:

- Strategies for understanding and addressing air quality disparities
- Building effective environmental health advocacy
- Effective communication and navigating conflicting priorities
- Implementing health-for-all policy models
- The role of healthcare systems as climate leaders
- Advancing community health and environmental resilience
- Creating successful cross-sector partnerships

Who Should Attend

We welcome diverse perspectives and participants from across North Carolina:

- Community leaders, advocates, and organizations.
- Healthcare professionals
- Environmental organizations
- Students and educators
- Researchers
- Government representatives
- Business leaders
- Concerned community members committed to planetary and human health

Why Attend

- Connect with leading experts and practitioners
- Build valuable cross-sector partnerships
- Contribute to actionable solutions
- Learn about innovative approaches to advancing planetary and human health, and fostering community resilience.
- Help shape the future of environmental advocacy in North Carolina

Creating Lasting Impact

NC BREATHE 2025 is more than just a conference—it's a catalyst for change. We'll work together to create healthier, more sustainable communities throughout North Carolina through interdisciplinary collaboration and research-informed, community-centered approaches.

Join us in this milestone year as we celebrate a decade of impact and chart the course for an environmentally resilient future. Together, we can build communities where everyone has the opportunity to thrive in a clean, healthy environment.